

Sytttende Mai

2003 Results Book



David Williams
1:47:35

May 17,
2003



Molly Watchke
2:07:43



Run

Once again the race went very smooth. The weather was great and the course was in perfect condition. As always, I want to thank the many volunteers who make the run possible. There are many large and small jobs that need to get done in order for things to run well, and every year we have some staff turnover. The nice thing is that the other volunteers really step up and teach the new people the ropes so that the runners and walkers never notice the changes. Keep training and we look forward to seeing you again for the 2004 race.

Thanks,
Paul Miller

Walk

Last year's walk featured great weather and a strong turnout by the walking community. The rolling start continues to be popular and allows walkers to finish in plenty of time to enjoy the Syttende Mai festivities. As always, walking no more than two abreast is appreciated by all and keeps the event safe. A special thanks to all the great "volksmarch" volunteers.

Enjoy your walk!
Steve Swenson

2003 Credits

Run Director & Finish Line Coordinator.....	Paul Miller
Walk Director and Start Coordinator.....	Steve Swenson
Run Start Coordinator.....	Sara Natvig
Aid Stations Coordinator.....	Jerry Leikness
Aid Stations Staffed by:	
Mile 3.....	Bob Wood
Mile 5.....	Steve Van Steenderen
Mile 8.....	First National Bank Employees
Mile 10.....	Thrivent Finanacial for Lutherans - Mike Niedfeldt
Mile 12.....	Dean Clinic Employees
Mile 15.....	Jerry Buskager
Mile 17.....	Jeff & Kim Vale & Physicians Plus Employees
Mile 18.....	Fleetguard/Nelson Employees
Awards.....	Doris Barry
Finish Line Workers.....	Stoughton High School F.F.A. Stoughton Sports Booster Club
Medical Director.....	Holly Hanson
Medical Supplies.....	Stoughton Hospital Association
Safety EMT's.....	Madison, Stoughton and Dane County
Run and Walk Bib Numbers.....	Fleetguard/Nelson
Data Entry and Computer Timers.....	Sports Management Associates
Photographs.....	Luttig Imaging & Photography Ed Bieno



Winners and Records

<u>Year</u>	<u>Male</u>	<u>Time</u>	<u>Female</u>	<u>Time</u>
1973	Dan Winzenreid	1:51:06	Sharon Mullen	0:44:21***
1974	Alan Claremont	1:51:57	Diane Holum	2:36:54
1975	Steve Hoag	1:44:46	Peggy Stafford	2:39:35
1976	Lucian Rosa	1:45:44	Donna Senzig	2:30:33
1977	Kerry Mayer	1:50:25	Cindy Therriault	2:26:49
1978	Gary Barrett	1:49:36	Mary Bange	2:12:12
1979	Tom Antczak	1:42:48	Lorraine Moller	1:58:36
1980	Mrk Glessner	1:46:19	Lorraine Moller	1:55:36**
1981	Tom Antczak	1:42:20	Lorraine Moller	2:00:44
1982	Jim Ingold	1:45:30	Mary Beth Spencer	2:03:36
1983	Jim Ingold	1:40:20*	Cheryl Konkol	2:00:22
1984	David Allen	1:45:29	Linda Walker	2:09:17
1985	David Allen	1:42:42	Mary Bange	2:06:35
1986	Tom Antczak	1:48:29	Mary Gellerup	2:13:14
1987	Jim Ingold	1:47:34	Mary Gellerup	2:11:46
1988	Richard Kaitany	1:43:21	Christine Bebow	2:08:18
1989	David Allen	1:42:58	Jocelyn Purtell	2:09:17
1990	David Allen	1:50:03	Mary Gellerup-Poser	2:13:34
1991	David Allen	1:45:34	Jane Moser	2:08:23
1992	David Allen	1:49:54	Kristine Guderyon-Goetz	2:15:42
1993	David Allen	1:46:22	Mary L. Gellerup-Poser	2:09:36
1994	Jim Ingold	1:50:10	Jackie Morgan	2:21:34
1995	Chip Cheney	1:57:15	Patti Sheppard	2:09:35
1996	Scott Jenkinns	1:57:05	Kristine Guderyon-Goetz	2:22:30
1997	Joel Wagner	1:50:10	Mary Gellerup-Poser	2:11:29
1998	Peter Sell	1:53:06	Linda Walker	2:14:41
1999	David Williams	1:52:08	Kit McCaffrey	2:13:53
2000	David Williams	1:50:42	Chris Hemming	2:15:50
2001	Ron Welhoefer	1:59:57	Mary Bolich	2:20:04
2002	Ron Welhoefer	1:55:29	Ann Heaslett	2:11:23
2003	David Williams	1:47:35	Molly Watcke	2:07:43

* COURSE record and MALE record

** FEMALE record

*** Seven Mile Course (1973)

2003 Age Group Winners

<u>MALE</u>			<u>FEMALE</u>		
<u>Age Group</u>	<u>Time</u>	<u>Name</u>	<u>Age Group</u>	<u>Time</u>	<u>Name</u>
Open*	1:47:35	David Williams	Open*	2:07:43	Molly Watcke
-24	1:57:09	Jordan Williams	-24	2:21:10	Carla Kegel
25-29	1:58:27	Robert Schneider	25-29	2:17:40	Emily Thiel
30-34	1:58:50	Wayne Dalton	30-34	2:20:34	Kit McCaffrey
35-39	1:55:51	Ron Welhoefer	35-39	2:15:33	Ann Heaslett
40-44	2:04:14	Chip Cheney	40-44	2:15:21	Mary Bolich
45-49	2:12:38	Jim McCoy	45-49	2:22:17	Laura Clark-Taylor
50-54	2:14:08	David Bernier	50-54	3:00:48	Cheryl Campbell
55-59	2:11:54	John Jenk	55-59	3:29:45	Susan Peters
60-64	2:38:09	Curtis Ruston	60-64	3:28:20	Susan Fafard
65+	3:08:24	Stan Bell	65+	4:09:38	Beverly Lampe
Stoughton	1:55:51	Ron Welhoefer	Stoughton	2:16:40	Jackie Morgan

*First male & female regardless of age.

Winners and Records

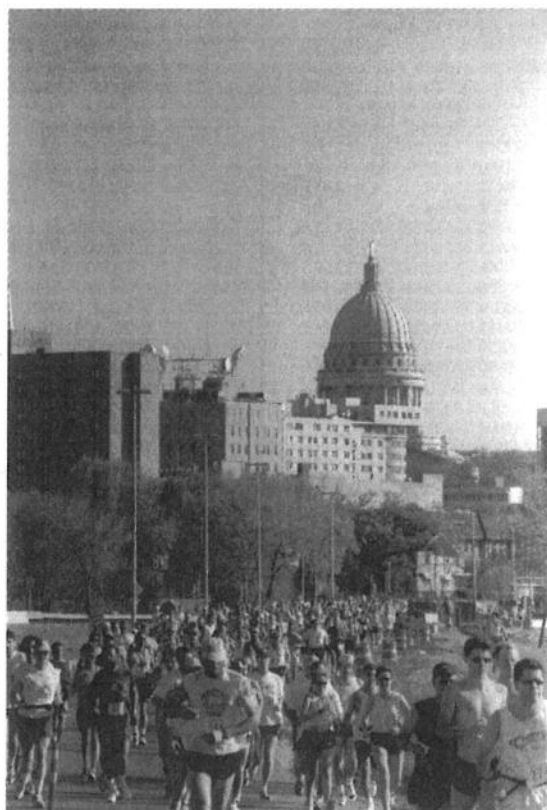


1973 - 2003 Record Holders Male

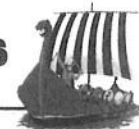
<u>Division</u>	<u>Time</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
-24	1:42:53	Joe Kreutz	24	1981
25-29	1:40:20	James Ingold	26	1983
30-34	1:42:20	Tom Antczak	30	1981
35-39	1:45:34	David Allen		1995
40-44	1:46:10	Bruce Mortenson	41	1985
45-49	1:54:27	Hal Higdon	48	1980
50-54	2:01:37	Al Treichel	54	1983
55-59	2:08:54	Bob Fitts	57	2000
60-64	2:16:31	Paul Kutschera		1994
65+	2:32:25	Joseph Powers	65	1991
Stoughton	1:53:41	Lee Wilcox	40	1979

Female

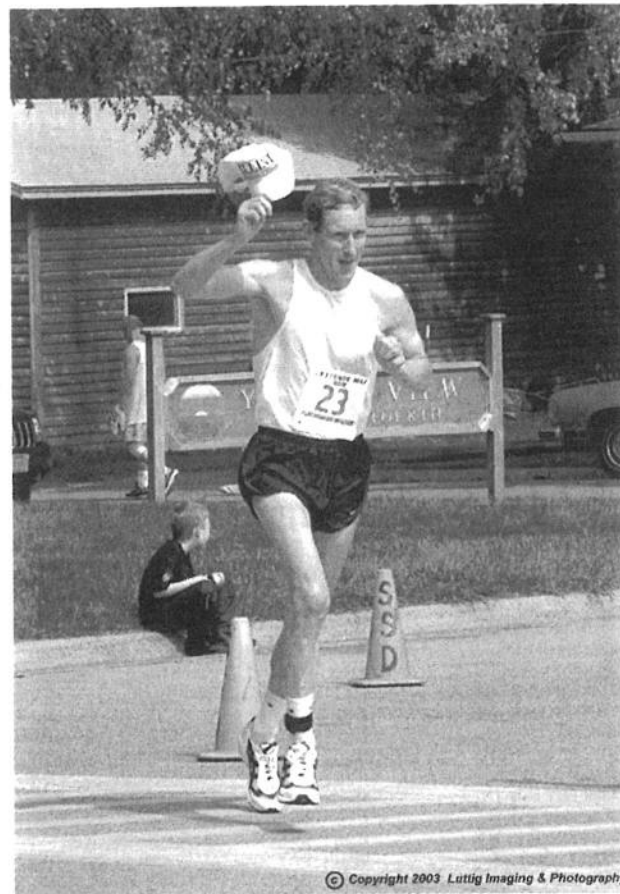
<u>Division</u>	<u>Time</u>	<u>Name</u>	<u>Age</u>	<u>Year</u>
-24	1:55:36	Lorraine Miller	24	1980
25-29	2:00:44	Lorraine Miller	25	1981
30-34	2:04:12	Mary Bange	30	1983
35-39	2:11:18	Kris Guderyon-Goetz	37	1991
40-44	2:14:35	Kris Guderyon-Goetz	43	1997
45-49	2:17:48	Ruth Fina		1995
50-54	2:28:16	Beverly Lampe	52	1984
55-59	2:42:25	Beverly Lampe	55	1987
60-64	2:48:31	Beverly Lampe	62	1994
65+	3:02:04	Beverly Lampe	65	1997
Stoughton	2:13:59	Betsy Lee	19	1983



2003 Race Results



PLACE NO.	NAME	CITY	DIV	DIV	TIME	
538	123	JESSICA DRENZEK	MADISON WI	3	F2529	3:40:19
539	488	LAURA STEPHENSON	MADISON WI	1	F4044	3:40:55
540	255	WILLIAM KARLS	STOUGHTON WI	5	M3539	3:41:08
542	618	WILLIAM BULLOCK	MADISON WI	7	M3034	3:41:42
543	49	DON BILARDELLO	MADISON WI	7	M6064	3:41:58
544	21	JENNI BALLWEG	STOUGHTON WI	8	F3539	3:42:59
545	208	ANGIE HEFTY	MOUNT HOREB WI	9	F3539	3:43:00
546	189	ANN HAASE	FITCHBURG WI	2	F4044	3:43:15
547	301	CHRISTINE LUCAS	MADISON WI	0	F3539	3:43:50
548	155	JENNIFER FETTERLY	MADISON WI	1	F3539	3:44:04
549	268	MICHAEL KOEPCKE	MADISON WI	1	M4044	3:44:40
550	606	JANICE FIKSEL	MADISON WI	2	F3539	3:45:24
551	439	BILL SCHMITT	MADISON WI	8	M3034	3:45:42
552	40	ROBERT BELL	OAK PARK IL	8	M6064	3:45:48
553	463	BRUCE SIEGEL	BERWYN IL	2	M4044	3:45:49
554	387	MELANIE PERISCH	MADISON WI	3	F0124	3:46:56
555	474	ROBERT SODERBLOOM	STOUGHTON WI	6	M6599	3:47:23
556	473	KATHLEEN SODERBLOOM	STOUGHTON WI	3	F6064	3:47:23
557	665	ARIC SODERBLOOM	SPARTA WI	9	M3034	3:47:23
558	565	PAUL ZIEBARTH	MADISON WI	7	M5054	3:47:45
559	89	LAURA CATALDO	EVANSVILLE WI	5	F3034	3:48:05
560	298	BILL LOFTHUS	MADISON WI	7	M6599	3:48:27
561	547	RICHARD WHITFIELD	EARLVILLE IL	8	M5054	3:52:06
562	557	KATHRYN WINGATE-SYK	TURTLE LAKE WI	3	F3539	3:52:15
563	405	MARK PRIEBE	STOUGHTON WI	9	M5054	3:52:42
564	561	ALLEN WORSLEY	EARLVILLE IL	0	M5054	3:54:00
565	93	CATHARIN CHENOWETH	STOUGHTON WI	5	F5054	3:55:12
566	18	JEFF BACH	STOUGHTON WI	6	M3539	3:56:08
567	103	CRAIG CLERKIN	STOUGHTON WI	3	M4044	3:56:09
568	437	MELISSA SCHIFERL	STOUGHTON WI	4	F3539	3:57:59
569	109	JOHN COOVER	MADISON WI	8	M6599	3:58:38
570	240	JOHANNA JOHNSON	MADISON WI	4	F0124	3:59:34
571	334	KEVIN MENGELT	SUN PRAIRIE WI	4	M4044	4:03:49
572	264	HEATHER KLINKNER	EVANSTON IL	5	F0124	4:06:07
573	132	MICHAEL EITH	STOUGHTON WI	0	M3034	4:07:47
574	278	BEVERLY LAMPE	MADISON WI	1	F6599	4:09:38
575	341	BRENDA MILBRATH	STOUGHTON WI	5	F3539	4:12:37
576	207	DANIEL HEEREY	JANESVILLE WI	1	M5559	4:17:17
577	22	SARAH BALZ	BRODHEAD WI	6	F3034	4:23:59
578	74	TROY BRUECKNER	SUN PRAIRIE WI	7	M2529	4:24:34
579	546	DICK WETHAL	STOUGHTON WI	9	M6064	4:26:50
580	63	GAILO BOXRUD	CUDAHY WI	3	F4044	4:33:31
581	616	DIANE LARSON	RANDOM LAKE WI	2	F5559	4:41:52
582	282	JAMES LARSON	RANDOM LAKE WI	2	M5559	4:41:52



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2003 Walk Participants

NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2002	DIANE AAROEN	F	50	MC FARLAND	WI	2070	SUSAN CHIARO	F	43	VERONA	WI
2003	KEN ACKERMAN	M	56	MADISON	WI	2071	MARLENE CLAUSIUS	F	59	MADISON	WI
2004	JANE ADAMS	F	36	MAZOMANIE	WI	2072	KENNETH COFFEE	M	62	MADISON	WI
2005	KRISTEN ADLER	F	39	WINDSOR	WI	2073	ROBERT COGGAN	M	43	STOUGHTON	WI
2006	NINA ALBANESE-KOTAR	F		MADISON	WI	2074	LEISA COLLINS	F	42	SUN PRAIRIE	WI
2595	ANN ALBERT	F	42	SUN PRAIRE	WI	2075	CATHY COOK	F	35	MCFARLAND	WI
2615	DAN ALBRIGHT	M	35	MINNEAPOIS	MN	2565	JODIE COOK	F	51	STOUGHTON	WI
2007	BAINÉ ALEXANDER	F	44	MADISON	WI	2076	KERRY COPUS	F	33	OREGON	WI
2008	MARY ALLISON	F	39	BARABOO	WI	2077	DONNA CORCORAN	F	55	MADISON	WI
2010	RICHARD ALT	M	49	PLAIN	WI	2078	CARRIE CORRADO	F	26	EVANSVILLE	WI
2009	PAULA ALT	F	52	MADISON	WI	2620	KEVIN CORRADO	M	52	MADISON	WI
2011	TROY ALTON	M	35	VERONA	WI	2079	JAYNE COSTER	F	36	MADISON	WI
2012	JENNIFER ALVARADO	F	31	NEW LISBON	WI	2080	PAMELA COTANT	F	45	MADISON	WI
2016	MARY ANDERSON	F	36	EVANSVILLE	WI	2680	AUDREY CRAMER	F	62	SOUTH BEND	IN
2015	KAREN ANDERSON	F	38	DEFOREST	WI	2081	CARMEN CREUZER	F	33	MONROE	WI
2013	BETH ANDERSON	F	52	BELLEVILLE	WI	2082	REBEKKA CURTI	F	33	MILW/ST. FRANCIS	WI
2014	JERRY ANDERSON	M	49	BELLEVILLE	WI	2083	KAREN CZEBOTAR	F	53	MC FARLAND	WI
2596	LISA ANDERSON	F	27	MADISON	WI	2084	SHARON DAHLBERG	F	46	COTTAGE GROVE	WI
2668	LYN ANDREJCZYK	F	25	CHICAGO	IL	2085	PATRICIA DAMUTH	F	54	WAUPUN	WI
2017	SARAH ANSLEY	F	53	COLUMBUS	IN	2563	STEVEN DAMUTH	M	53	WAUPUN	WI
2018	ANDREA ARNETT	F	26	OREGON	WI	2086	DANIEL DANIELSON	M	53	FOREST PARK	IL
2019	KAREN AVERY	F	41	MILWAUKEE	WI	2087	DONNA DANIELSON	F	54	FOREST PARK	IL
2020	ILENE AXFORD	F	57	EVANSVILLE	WI	2088	CHRISTINA DARROW	F	19	EDGERTON	WI
2597	CHRISTOPHER BABIARZ	M	39	MADISON	WI	2089	DICK DAVIES	M	80	MADISON	WI
2021	JANET BANGS	F	42	MADISON	WI	2090	PHYLLIS DAVIS	F	54	WINDSOR	WI
2022	MARIA BARLOW	F	49	MADISON	WI	2091	PATRICK DAWSON	M	25	COLUMBUS	OH
2683	MARY BARNES	F	42	OAK CREEK	WI	2566	JEAN DEANS	F	28	DANE	WI
2023	MARCIA BARRON	F	56	MILWAUKEE	WI	2092	DIANE DENNIS	F	55	MOUNT HOREB	WI
2024	SANDY BAUMAN	F	41	MANITOWOC	WI	2093	LAURIE DIGMAN	F	26	WAUPUN	WI
2025	MONA BECKHAM	F	39	STOUGHTON	WI	2094	LISA DIGMAN	F	21	PLATTEVILLE	WI
2026	TAMMY BENOY	F	32	STOUGHTON	WI	2095	ANGIE DOMBKOWSKI	F	30	BRODHEAD	WI
2564	MELINDA BERGERON	F	31	LOMBARD	IL	2096	SARA DOWNIE	F	37	STOUGHTON	WI
2598	MARYANNE BEVACQUA	F	46	FITCHBURG	WI	2097	SARA DOWNIE	F	37	STOUGHTON	WI
2027	VICKY BEYLER	F	51	STOUGHTON	WI	2098	TOM DOYLE	M	57	MARSHALL	WI
2616	AVE BIE	F	46	MADISON	WI	2567	RANDI DRAKE	F	27	MADISON	WI
2028	STACEY BIEBERITZ	F	32	CAMBRIDGE	WI	2099	JANET DROESSLER	F	35	MADISON	WI
2029	DAWN BLANEY	F	27	STOUGHTON	WI	2695	MICHAEL DUCKWITZ	M	54	MADISON	WI
2030	VINCENT BLEGEN	M	45	STOUGHTON	WI	2100	MAUREEN DUFFEY	F	48	MIDDLETON	WI
2031	SUSAN BLEIMEHL	F	56	VERONA	WI	2101	GALE DUFFY	F	49	MIDDLETON	WI
2659	AMY BLISS	F	28	COTTAGE GROVE	WI	2102	DIANA DURANT	F	53	MADISON	WI
2656	MICKEY BLOOM	M	72	MADISON	WI	2103	DAWN DUREN	F	32	WAUNAKEE	WI
2001	REX BLUM	M	58	OREGON	WI	2666	KRISTINE DURKIN	F	50	VERONA	WI
2032	SALLY BOEGLI	F	25	BRODHEAD	WI	2104	LINDA DYKSTRA	F	40	MADISON	WI
2033	CARRIE BOHMAN	F	35	MADISON	WI	2105	LAURA DYSON	F	40	OAK CREEK	WI
2034	JAMES BOLITHO	M	59	VERONA	WI	2106	KEVIN EGGERS	M	39	DODGEVILLE	WI
2035	BARBARA BORDE	F		MADISON	WI	2677	KIMBERLY EGGERS	F	38	DODGEVILLE	WI
2036	JUDY BORDSON	F	46	MADISON	WI	2107	JAMIE ELLICKSON	F	23	STOUGHTON	WI
2037	SHARON BOS	F	44	BRANDON	WI	2108	EUGENE ENGELDINGER	M	62	KENOSHA	WI
2038	DAN BOSETTI	M	62	BELOIT	WI	2109	STACY ENGELHART	F	21	MADISON	WI
2039	MARY BRADFORD	F	60	PETERSBURG	IL	2110	LOUISE ENNIS	F	37	SUN PRAIRE	WI
2041	MONICA BRAUN	F	24	MADISON	WI	2111	STEVE ENSTROM	M	54	MADISON	WI
2040	BARB BRAUN	F	50	STOUGHTON	WI	2112	WENDY ENTWISTLE	F	36	OREGON	WI
2042	STANLEY BREIBY	M	55	MC FARLAND	WI	2113	BARBARA ERDMAN	F	58	MADISON	WI
2617	KIRSTEN BREKKE ALBR	F	34	MINNEAPOIS	MN	2116	PHYL ERICKSON	F	54	DODGEVILLE	WI
2043	CINDY BREKKEN	F	28	MADISON	WI	2115	KIM ERICKSON	F	42	STOUGHTON	WI
2044	VERNA BRELLENTHIN	F	31	OREGON	WI	2114	HILLARY ERICKSON	F	11	STOUGHTON	WI
2045	LISA BREUNIG	F	35	NORTH FREEDOM	WI	2117	GARY ERTL	M	53	MONTELLO	WI
2046	WENDY BREUNING	F	33	MAZOMANIE	WI	2118	JENNIFER EVERSON	F	33	MADISON	WI
2047	JENNIFER BREVARD	F	30	STOUGHTON	WI	2685	SARAH EWING	F	44	SAN DIEGO	CA
2048	CATHERINE BROOME	F	51	STOUGHTON	WI	2119	KEN FALCH	M	57	FALL CREEK	WI
2049	LAUREL BROWN	F	57	STOUGHTON	WI	2120	JOANNA FANNEY	F	42	LODI	WI
2050	PAULA BROWN	F	33	LAKE MILLS	WI	2121	RACHEL FANNEY	F	14	LODI	WI
2051	SUSAN BROWN	F	29	WAUNAKEE	WI	2122	MARY FELDMAN	F	51	MADISON	WI
2587	SCOTT BROWN	M		MIDDLETON	WI	2568	KIM FELLER	F	41	VERONA	WI
2618	NANCY BUCUK	F	56	WILLIAMS BAY	WI	2123	JOAN FIELD	F	36	MADISON	WI
2053	CATHERINE BUEGE	F	57	MADISON	WI	2124	SANDY FIENE	F	41	PRAIRIE DU SAC	WI
2054	DENNIS BUEGE	M	58	MADISON	WI	2125	MARGOT FISCHER	F	53	MADISON	WI
2052	BETH BUEGE	F	33	MINNEAPOIS	MN	2126	ROSIE FISCUS	F	54	OREGON	WI
2055	CATHY BUHROW	F	39	WOODSTOCK	IL	2621	MADLINE FISHER	F	37	MADISON	WI
2057	SHERRY BUISKER	F	40	FITCHBURG	WI	2127	KAREN FITZSIMONS	F	46	DODGEVILLE	WI
2056	BARBARA BUISKER	F	68	MADISON	WI	2128	STEPHANIE FLOCK	F	31	STOUGHTON	WI
2059	DIANA BURKE	F	54	EVANSVILLE	WI	2129	CINDY FLORY	F	46	STOUGHTON	WI
2058	COLLEEN BURKE	F	49	MADISON	WI	2130	KIM FOLEY	F	25	STOUGHTON	WI
2060	JODY BURMEISTER	F	37	STOUGHTON	WI	2661	CHRISTOPHER FOLEY	M		COTTAGE GROVE	WI
2061	SARAH BURSACK	F	23	STOUGHTON	WI	2131	CINDY FORSYTHE	F	46	WAUPUN	WI
2062	DEANNA BUSCH	F	29	WISCONSIN RAPIDS	WI	2133	PETER FOY	M	64	STOUGHTON	WI
2619	MARY BUTLER	F	40	MADISON	WI	2132	MIKE FOY	M	52	RACINE	WI
2588	JOHN CABANISS	M	49	MILW/SHOREWOOD	WI	2589	KRISTY FRANCE	F	31	STOUGHTON	WI
2063	BRENDA CAMPBELL	F		LAKE MILLS	WI	2648	TERRY FRANCE	F	40	STOUGHTON	WI
2064	EMILY CARLSON	F	24	MIDDLETON	WI	2134	SIERRA FRISCH	F	29	STOUGHTON	WI
2690	SHARON CARPENTER	F	44	EVANSVILLE	WI	2135	SUE FRISCH	F	44	STOUGHTON	WI
2065	KATHRYN CARR	F	48	HARSHAW	WI	2136	JODY FRITZ	F	58	MADISON	WI
2066	KEVIN CARRIGAN	M	39	MADISON	WI	2137	NANCY FUHRMAN	F		STOUGHTON	WI
2067	ELIZABETH CARTER	F	19	STOUGHTON	WI	2138	HAZEL GAARD	F	63	OREGON	WI
2068	HEATHER CASPER	F	30	MADISON	WI	2139	JUDY GAFFNEY	F	43	MADISON	WI
2069	SHEILA CHAMPLIN	F	56	FERRYVILLE	WI	2600	MELISSA GANJE	F	25	CHICAGO	IL

2003 Walk Participants



NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2622	REBECCA GASS	F	27	MADISON	WI	2207	BETH HOLZHUETER	F	25	MADISON	WI
2140	CATHERINE GAUTHIER	F	31	STOUGHTON	WI	2208	LISA HOPWOOD-NEWTON	F	36	MADISON	WI
2141	LINDA GAVOL	F	41	MIDDLETON	WI	2687	MICHELLE HOUGH	F	34	MADISON	WI
2142	SUE GENSKE	F	41	STOUGHTON	WI	2209	MARY HOWICK	F	48	MIDDLETON	WI
2143	TRACI GERLACH	F	43	GERMANTOWN	WI	2210	LAURA HUBER	F	39	MADISON	WI
2144	NANCY GERRY	F	54	VERONA	WI	2211	MELANIE HUCHTHAUSEN	F	29	STOUGHTON	WI
2145	KATHY GESSNER	F	39	ENDEAVOR	WI	2212	KAREN HUMMEL	F	40	MADISON	WI
2146	DONALD GIBSON	M	45	STOUGHTON	WI	2213	ANDREA HUMMELL	F	25	MADISON	WI
2147	JANICE GIBSON	F	44	STOUGHTON	WI	2214	NANCY HUNT	F	50	PLATTEVILLE	WI
2148	STACEY GIBSON	F	28	STOUGHTON	WI	2628	LORRIE HYLKEMA	F	44	MADISON	WI
2623	KAREN GILBERT	F	40	MADISON	WI	2215	CJ IGLINSKI	F	47	MILW/ST. FRANCIS	WI
2149	ADRIENNE GILBERT RA	F	42	DEFORREST	WI	2216	LISA ISHII	F	40	LAKE MILLS	WI
2150	KRISTIN GILBERTSEN	F	20	MADISON	WI	2217	MARDI JAMES	F	58	MILWAUKEE	WI
2686	CARTER GILLIAN	F	31	MADISON	WI	2660	MARIA JASZEWSKI	F	49	COTTAGE GROVE	WI
2151	ANGIE GILLIS	F	28	MADISON	WI	2219	JEAN JENKS	F		STOUGHTON	WI
2601	LAWRENCE GITCHELL	M	41	NORTHLAKE	IL	2218	DENNIS JENKS	M	52	STOUGHTON	WI
2152	DANA GJERMO	F	35	MARKESAN	WI	2220	DEBRA JENNINGS	F	48	JANESVILLE	WI
2153	JUDY GJERTSON	F	38	STOUGHTON	WI	2221	AMANDA JENSEN	F	15	OREGON	WI
2676	IRENE GOLEMBIEWSKI	F	52	MADISON	WI	2222	MARY JENSEN	F	45	OREGON	WI
2154	PATRICK GORSKI	M	34	MADISON	WI	2223	THERESA JENSEN	F	24	STOUGHTON	WI
2155	MARY ANN GOSDA	F	56	MADISON	WI	2224	LARA JOANIS	F	33	MADISON	WI
2157	JERRY GRAFFIN	M	65	STOUGHTON	WI	2225	BONITA JOHNSON	F		MINNEAPOLIS	MN
2156	JAY GRAFFIN	M	37	STOUGHTON	WI	2226	CAROLE JOHNSON	F	64	STURGEON BAY	WI
2158	TRACI GRAVY	F	32	ARLINGTON	WI	2228	JEFFY JOHNSON	M	65	STURGEON BAY	WI
2159	CAROL GRAWE	F	54	HAZEL GREEN	WI	2229	JEREMY JOHNSON	M	15	PECATONICA	IL
2160	SUSAN GREENLER	F	44	STOUGHTON	WI	2230	KATHY JO JOHNSON	F	43	CROSS PLAINS	WI
2161	JULIE GREGORY	F	38	EDGERTON	WI	2227	ERIC JOHNSON	M	50	STOUGHTON	WI
2162	SHARON GRIESBACH	F	62	MADISON	WI	2231	CHRISTINE JOHNSTON	F	40	OREGON	WI
2165	JON GRINDE	M	52	MADISON	WI	2691	CONNIE JOHNSTON	F	49	MADISON	WI
2163	GABRIELLE GRINDE	F	20	MADISON	WI	2233	LISA JONES	F	46	WAUPUN	WI
2164	JOHANNE GRINDE	F	19	MADISON	WI	2232	JILL JONES	F	48	MADISON	WI
2674	ANNA GRINDE	F	15	MADISON	WI	2675	SHERRY JORDAN	F	40	MADISON	WI
2166	VAL GRITTINGER	F	40	VERONA	WI	2234	PATRICK JOYCE	M	69	CAMBRIDGE	WI
2653	ASHLEY GRITTON	F	18	SPRING GREEN	WI	2235	KATHY JULSETH	F	42	STOUGHTON	WI
2167	MARY GROSS	F	50	MC FARLAND	WI	2572	TRICIA KACZMAROWSKI	F	32	GENOA	WI
2684	DENISE GRUBER	F	37	WEST BEND	WI	2629	CARRIE KAHN	F	29	MADISON	WI
2663	JEAN GUEQUIERRE	F	37	WHITEFISH BAY	WI	2236	DIANE KAISER	F	45	AVOCA	WI
2168	MARY GULLICKSON	F	49	HUBERTUS	WI	2237	JESSICA KARLS	F	26	EDGERTON	WI
2624	JON GULLIXSON	M	24	MADISON	WI	2693	LINDA KASCHUB	F	45	OREGON	WI
2602	JENNY GUNDERSON	F	31	CAMBRIDGE	WI	2238	DIANNE KASTEIN	F	45	BRANDON	WI
2169	TERRI HACK	F	27	STOUGHTON	WI	2239	JUDI KEENAN	F	62	MILWAUKEE	WI
2170	BETH HADLEY	F	33	MADISON	WI	2240	KATHRYN KEHOE	F	26	MADISON	WI
2171	JULIEEN HAGLUND	F	30	STOUGHTON	WI	2241	GERI KELLEN	F	32	OCONOMOWOC	WI
2172	RICK HALBACH	M	43	MADISON	WI	2590	KATHLEEN KELLY-SHAN	F	52	MADISON	WI
2173	EVY HALVERSON	F	45	BARNEVELD	WI	2655	SCOTT KEMPEN	M	24	WEST ALLIS	WI
2174	JACKIE HALVERSON	F	34	MINOCQUA	WI	2242	CARY KENDALL	M	56	MADISON	WI
2626	DEANN HALVERSON	F	30	VERONA	WI	2243	PAMELA KENDLER	F	34	MADISON	WI
2175	SUE HALVERSON-NATVI	F	48	COTTAGE GROVE	WI	2244	CHRISTINA KENDZIORS	F	32	MADISON	WI
2697	JOHN HAMPER	M	48	LITTLE CANADA	MN	2246	STEVEN KIERGAARD	M	43	MCFARLAND	WI
2681	SUSAN HAMRE VELINA	F	32	POYNETTE	WI	2245	CASSIE KIERGAARD	F	14	MCFARLAND	WI
2176	PHYLLIS HANKE	F	55	FORT ATKINSON	WI	2247	ANN KINKADE	F	41	MADISON	WI
2177	JAMIE HANS	F		BROOKLYN	WI	2248	LORI KINNARD	F	41	MADISON	WI
2178	KRISSY HANS	F		BROOKLYN	WI	2667	KELLY KINNEY	F	29	MADISON	WI
2179	KRISTIN HANSON	F	31	CHICAGO	IL	2249	SHAWN KIPPLEY	F	43	COTTAGE GROVE	WI
2180	NAOMI HANSON	F	22	STOUGHTON	WI	2250	DEBORAH KIRLEY	F		SUN PRAIRE	WI
2649	MELISSA HANSON	F	24	UNION GROVE	WI	2573	JENNY-LYN KISS	F	15	STOUGHTON	WI
2181	KATHLEEN HAPPEL	F	36	VERONA	WI	2574	KATIE KISS	F	13	STOUGHTON	WI
2182	SUSAN HARGRAVE	F	41	STOUGHTON	WI	2251	JACULIN KITTEL	F	45	MADISON	WI
2183	PAMELA HARNNESS-HANS	F	43	BLUE RIVER	WI	2630	ROSE KLABEN	F	29	MADISON	WI
2184	DAVID HARRIS	M	47	STOUGHTON	WI	2252	JENNIFER KLAMM	F	32	MADISON	WI
2185	ELIZABETH HARRISON	F	26	MILWAUKEE	WI	2253	MELANIE KLEINHEINZ	F	26	MIDDLETON	WI
2186	AMY HARTMAN	F	27	FORT ATKINSON	WI	2254	STACEY KLONBERG	F	32	OREGON	WI
2187	CAROL HAYES	F	49	ELM GROVE	WI	2255	BARB KNADLE	F	48	CHILTON	WI
2188	MARY HEATH	F	57	FERRYVILLE	WI	2256	KASIE KNADLE	F	20	CHILTON	WI
2569	JEFF HEDDEN	M	47	MADISON	WI	2258	MARY KNAPP	F	51	MADISON	WI
2189	BETH HEFFRON	F	43	BROOKLYN	WI	2257	KATHLEEN KNAPP	F	47	MADISON	WI
2190	LURIE HELLENBRAND	F	40	WAUNAKEE	WI	2259	TAMMY KNIPFEL	F	32	MADISON	WI
2191	BEVERLY HELMS	F	59	MADISON	WI	2260	JESICA KNUTSON	F	22	SAINT PAUL	MN
2192	JENNIFER HELSTAD	F	21	JEFFERSON	WI	2261	AUTUMN KOEHLER	F	29	STOUGHTON	WI
2627	HEATHER HENDREN	F	23	CHICAGO	IL	2264	KATE KOLSTAD	F	49	SUN PRAIRE	WI
2193	BONNIE HENELL	F		MADISON	WI	2262	CARMEN KOLSTAD	F		SUN PRAIRE	WI
2194	DANA HENKE	F	37	MIDDLETON	WI	2263	DOUG KOLSTAD	M		SUN PRAIRE	WI
2195	MARY HENNIG	F	34	EVANSVILLE	WI	2265	JEANA KOSTER	F	35	MT VERNON	IL
2196	DARCY HENRIKSEN	F	52	WATERTOWN	WI	2266	JUDITH KOZMINSKI	F	46	MADISON	WI
2197	MARIE HENRY	F		MADISON	WI	2268	GWEN KRAEMER	F	66	PLAIN	WI
2198	NHABEE HER	M		MADISON	WI	2267	DIANE KRAEMER	F	41	PLAIN	WI
2570	AMY HERMES	F	37	STOUGHTON	WI	2631	LYNNE KRAINER	F		MADISON	WI
2571	SHANAE HERMES	F	12	STOUGHTON	WI	2269	PAM KUEHL	F		FORT ATKINSON	WI
2199	DIANNE HILL	F	45	INDIANAPOLIS	IN	2632	LINDA KUSTKA	M	52	MADISON	WI
2200	MICHAEL HILL	M	41	MC FARLAND	WI	2270	TERRI LANDRATH	F	49	MADISON	WI
2201	JANE HIPKE	F	43	EVANSVILLE	WI	2271	KAREN LANGENHUIZEN	F	36	HORTONVILLE	WI
2202	JON HISGEN	M	54	MIDDLETON	WI	2272	LYNN LANING	F	45	STOUGHTON	WI
2203	RAMI HOAGLIN	F	33	STOUGHTON	WI	2273	MARY LARSEN	F	56	EVANSVILLE	WI
2204	RACHAEL HOFFMAN	F	27	STOUGHTON	WI	2274	LAURA LARSON	F	33	DEERFIELD	WI
2205	LISA HOLLENGERGER	F	32	JOHNSON CREEK	WI	2575	ALICE LAURANT	F	50	STOUGHTON	WI
2206	HOPE HOLTAN	F	50	DEERFIELD	WI	2276	NANCY LAWRENCE	F	64	FORT ATKINSON	WI



2003 Walk Participants

NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2275	CLAIRE LAWRENCE	F	28	MADISON	WI	2345	THOMAS O'CONNOR	M	41	STOUGHTON	WI
2277	IDA LEE	F		WINFIELD	IL	2344	MARY KAY O'CONNOR	F	48	WAUNAKEE	WI
2279	JERRY LEHMAN	M	49	MADISON	WI	2346	JANET O'DONNELL	F		STOUGHTON	WI
2278	DIANE LEHMAN	F	46	MADISON	WI	2638	JODIE OELKE	F	28	OREGON	WI
2280	JUDITH LEIMER	F	48	MADISON	WI	2348	JACKIE OLSEN	F	45	DEFORREST	WI
2603	JANET LEINO	F	38	MADISON	WI	2349	VICTORIA OLSEN	F	35	MARSHFIELD	WI
2281	KAREY LEONARD-BERG	F	42	MADISON	WI	2347	ELLEN OLSEN	F	63	MARSHFIELD	WI
2591	SONJA LEPINE	F	28	HARTLAND	WI	2351	DARLENE OLSON	F		MADISON	WI
2282	PAMELA LESH	F	44	MADISON	WI	2355	NORMAN OLSON	M		MADISON	WI
2283	ROBERT LEWCOCK	M	60	OCONOMOWOC	WI	2354	MARY OLSON	F	57	NEENAH	WI
2284	CINDY LIEN	F	47	OREGON	WI	2350	CLIFF OLSON	M	54	MADISON	WI
2285	JEFFREY LOOS	M	40	MADISON	WI	2352	DEE-DEE OLSON	F	32	STOUGHTON	WI
2286	KAREN LOPER	F	58	MADISON	WI	2356	ROBERT OLSON	M	44	MADISON	WI
2692	SUE LUNA	F	36	WAUWATOSA	WI	2353	KATHY OLSON	F		MIDDLETON	WI
2287	DIANE LUND	F	48	POYNETTE	WI	2658	SUSAN OLSON	F	39	STOUGHTON	WI
2288	JUDITH LUSE	F	53	EAU CLAIRE	WI	2357	NANCY ONKEN	F	59	MADISON	WI
2592	SARA LUTHER	F	24	RACINE	WI	2359	RACHEL ORVICK	F	27	ALBANY	WI
2289	SHEILAH LYNCH	F	25	MADISON	WI	2360	SARA ORVICK	F	54	OREGON	WI
2633	GREGORY LYNCH	M	34	OREGON	WI	2665	JAMES ORVICK	M	59	OREGON	WI
2290	JOANN MACKLIN	F	43	MADISON	WI	2361	TRACY OSTOIC	F	42	NAPERVILLE	IL
2291	GRETCHEN MALASKI	F	54	COLORADO SPRINGSCO		2362	JILL OSWALD	F	36	WATERTOWN	WI
2292	RAY MALASKI	M	52	COLORADO SPRINGSCO		2363	TRACY PAJEWSKI	F	35	MADISON	WI
2293	BRIDGET MALESYTCKI	F	49	MADISON	WI	2605	CARL PALM	M	40	MADISON	WI
2688	SHERI MALY	F	34	MC FARLAND	WI	2364	TRACY PALMER	F	20	STOUGHTON	WI
2294	MARY MANERING	F	50	WAUNAKEE	WI	2365	ERIN PANDYA	F	26	MADISON	WI
2295	ANN MAPES	F	42	STOUGHTON	WI	2366	NICHOH PANKOW	F	19	WISCONSIN DELLS	WI
2576	KELLY MARKS	F	26	STOUGHTON	WI	2367	PATRICIA PARRELL-SO	F	44	MAZOMANIE	WI
2296	SHEILA MARMORSTONE	F	54	DODGEVILLE	WI	2368	ANTHONY PASQUALONE	M	42	STOUGHTON	WI
2297	CAROL MARTELL	F	54	MADISON	WI	2369	LEANN PAULL	F	42	VERONA	WI
2298	CRAIG MASON	M	38	STOUGHTON	WI	2370	HOLLY PAULSON	F	32	MARIETTA	GA
2634	JOHN MATHEW	M	52	MADISON	WI	2371	JANET PEAK	F	37	OCONOMOWOC	WI
2299	SHERRY MATSON	F	46	STOUGHTON	WI	2372	DONNA PETERSON	F	46	DODGEVILLE	WI
2300	LEAH MAUER	F	31	STOUGHTON	WI	2664	AUDREY PFISTER-EYRE	F	42	MT HOREB	WI
2593	GINA MC CLUSKEY	F	25	RACINE	WI	2373	PEGGY PHILLIPS	F	52	BRODHEAD	WI
2301	JERRY MCCANN	M	51	MADISON	WI	2374	DAWN PIEPER	F	38	HORTONVILLE	WI
2302	MEGAN MCCANN	F	20	MADISON	WI	2375	MISSY PIEPER	F	32	STOUGHTON	WI
2303	BARBARA MCCARTY	F	44	BRODHEAD	WI	2376	ANDI PINTENS	F	50	WEST BEND	WI
2304	AMY MCGETTIGAN	F	40	POYNETTE	WI	2377	MEGAN PINTENS	F	22	MINNEAPOLIS	MI
2635	JILL MCHOME	F	36	STOUGHTON	WI	2378	TERRI PLANK	F	40	STOUGHTON	WI
2305	TERRY MCNAMARA	M	53	VERONA	WI	2579	MICHELLE PLOESSL	F	29	BROOKLYN	WI
2306	AMY MCNETT	F	32	EVANSVILLE	WI	2379	WENDY POPE	F	50	EDGERTON	WI
2636	KIM MCNULTY	F	30	STOUGHTON	WI	2639	TIMOTHY POTTER	M	47	MONONA	WI
2307	GERRY MEINDERS	M	59	PECATONICA	IL	2380	ANNE PRENEVOST	F	47	WAUNAKEE	WI
2308	STACY MEINECKE	F	42	OREGON	WI	2381	LOIS PREUSSER	F	51	LAKE GENEVA	WI
2310	KAREN MENDL	F	49	MIDDLETON	WI	2382	SHEILA PRZESMICKI	F	38	MADISON	WI
2309	JERRY MENDL	M	52	MIDDLETON	WI	2383	MARGARET QUAM	F	52	DE PERE	WI
2311	CAROL MENDOZA	F	59	FITCHBURG	WI	2384	CAROL QUINN	F	54	OREGON	WI
2637	TARA MERKEL	F	26	STOUGHTON	WI	2385	JENNIFER QUINN	F	26	FITCHBURG	WI
2314	EMILY MEYER	F	32	CHELAN	WA	2386	MICHELLE RACE	F	28	EVANSVILLE	WI
2313	DOLORES MEYER	F	46	BLOOMINGTON	WI	2387	ANGELA RAHN	F	25	MADISON	WI
2312	BILLIE JO MEYER	F	22	BLOOMINGTON	WI	2388	DAN RAMSDEN	M	49	COTTAGE GROVE	WI
2604	ELENA MEYER	F	49	MADISON	WI	2606	DAVID RAMSDEN	M	41	STOUGHTON	WI
2671	JENNIFER MEYERS	F	30	WATERTOWN	WI	2607	MARCIE RAULS	F	27	MARSHALL	WI
2316	MARMAR MIAR	F	37	VERONA	WI	2389	BARBARA RETZLAFF	F	50	MC FARLAND	WI
2317	SALLY MIDTHUN	F		STOUGHTON	WI	2390	JILL REUF	F	43	PRAIRIE DU SAC	WI
2320	NICHOLAS MILLER	M	67	NEENAH	WI	2391	GENE RICE	M	63	MAZOMANIE	WI
2318	ALICE MILLER	F	51	MADISON	WI	2392	SUSAN RICHARDS	F	40	OREGON	WI
2319	JENNIFER MILLER	F	29	OCONOMOWOC	WI	2393	JULIE RICHART	F	40	WATERTOWN	WI
2577	LINDA MOGAN	F	48	MADISON	WI	2394	CAROLYN RIDGELY	F	55	MADISON	WI
2321	KARLA MOLL	F		WATERTOWN	WI	2395	LESLIE RIEMER	F	26	BRODHEAD	WI
2322	LYNN MOORE	F	54	MADISON	WI	2396	ANNE RIENDL	F	53	WAUKESHA	WI
2323	RONALD MOORE	M	55	MADISON	WI	2397	JENNY RIPP	F	29	WAUNAKEE	WI
2578	REBECCA MOORE	F	29	MADISON	WI	2580	RACHEL RIPP	F	35	CROSS PLAINS	WI
2324	KATHY MORGAN	F	31	MADISON	WI	2398	BARBARA ROBINSON	F	55	MADISON	WI
2325	JACK MORITZ	M	54	MAZOMANIE	WI	2399	TANYA ROCKWELL	F	25	WATERLOO	WI
2326	DICK MORRISSEY	M	51	STOUGHTON	WI	2400	SUSAN ROEHLK	F	51	MADISON	WI
2327	SUSAN MORRISSEY	F	58	STOUGHTON	WI	2401	WAYNE ROLLER	M	61	WAUKESHA	WI
2328	DANIEL MOWRY	M	22	JANESVILLE	WI	2402	LORRAINE RONDON	F	59	MADISON	WI
2329	JAN MUEHLENBERG	F	51	MADISON	WI	2403	MICHELLE RONDON	F	35	MADISON	WI
2330	KATE MUNNS	F	52	MADISON	WI	2404	CHERYL ROSTOWFSKE	F	44	STOUGHTON	WI
2331	PATTI MURRAY	F	48	ELM GROVE	WI	2405	LORRI ROTH	F	43	MADISON	WI
2332	CINDY MUTTER	F	45	STOUGHTON	WI	2406	LLOYD ROWLEY	M	66	STOUGHTON	WI
2670	LARRY MYHRE	M	52	AUGUSTA	WI	2673	SUSAN ROY	F	52	MIDDLETON	WI
2669	CAROL MYHRE	F	49	AUGUSTA	WI	2672	KIRSTIN ROY	F	20	MIDDLETON	WI
2333	RON NACKER	M	52	EAST TROY	WI	2407	CAHTY ROYER	F	50	STOUGHTON	WI
2334	LORRAINE NARVAEZ	F		MIDDLETON	WI	2408	HENRY ROYER	M	50	STOUGHTON	WI
2335	SANDRA NASS	F	49	BROOKFIELD	WI	2409	JEAN RUDE	F	46	STOUGHTON	WI
2337	VALERIE NELSON	F	38	CAMBRIDGE	WI	2410	LISA RUHLAND	F	38	PLAIN	WI
2336	NANCY NELSON	F	50	MADISON	WI	2411	LINDA RUPNOW	F	52	OCONOMOWOC	WI
2338	EMILY NETZEL	F	24	MADISON	WI	2412	DENNIS RUSKIN	M	55	WAUNAKEE	WI
2689	BECKY NEVEL	F	41	EVANSVILLE	WI	2413	MARIANNE RUSS	F	40	MADISON	WI
2339	CAROLE NOBIENSKY	F	42	STOUGHTON	WI	2414	DEBBIE RUSSELL	F	48	SHULLSBURG	WI
2340	DIANE NORA	F	45	SUN PRAIRE	WI	2415	SHARON RYAN	F	52	MADISON	WI
2341	BRIAN NORD	M		SHELL LAKE	WI	2416	LINDA SAUNDERS	F	42	STOUGHTON	WI
2342	KAREN NORD	F	49	SHELL LAKE	WI	2417	JULIANN SCHAEFER	F	44	BRODHEAD	WI
2343	MAURICE O'CONNELL	M	57	VESTAL	NY						

2003 Walk Participants

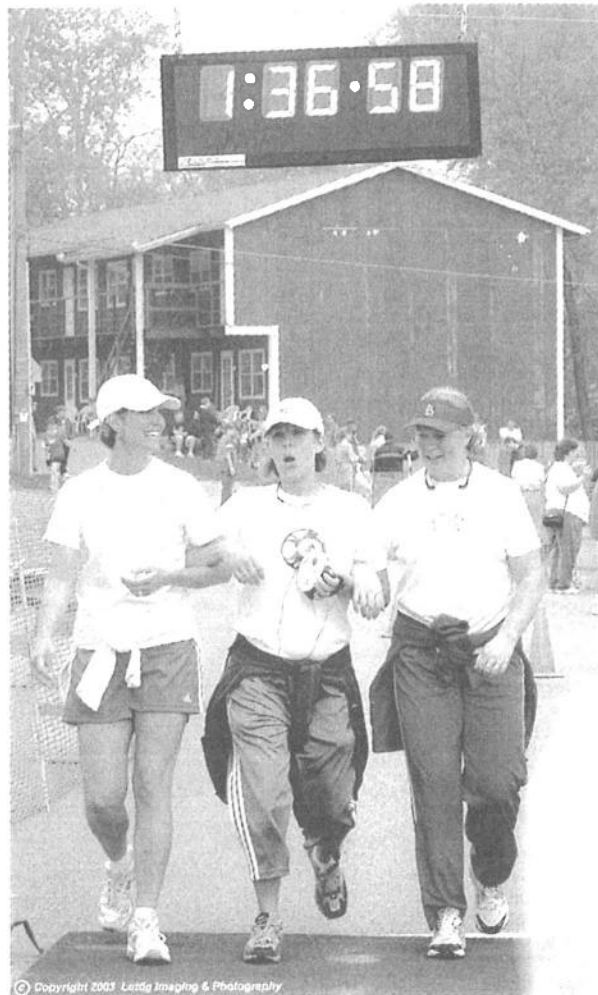
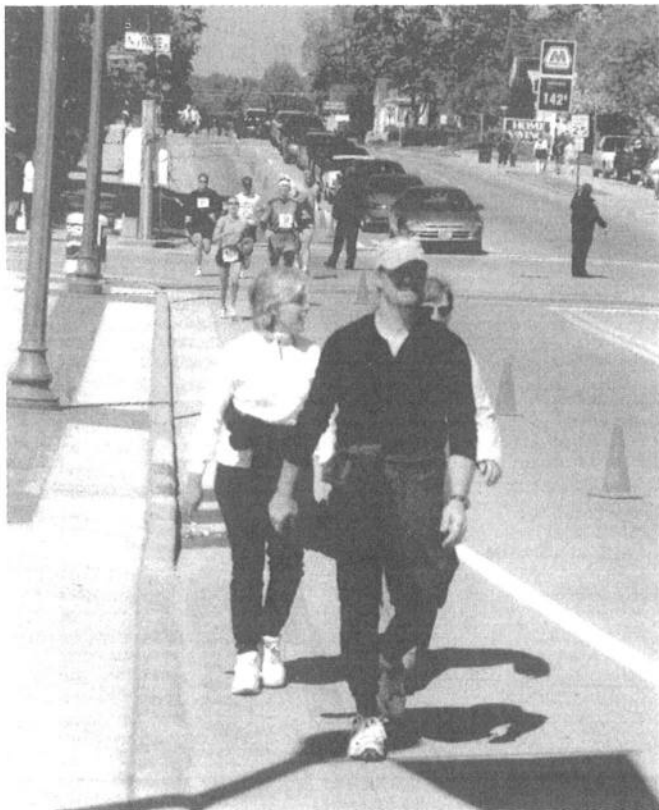


NO.	NAME	SEX	AGE	CITY	STATE	NO.	NAME	SEX	AGE	CITY	STATE
2418	MARY SCHALLOCK	F	46	MADISON	WI	2488	DONALD SULOFF	M	55	MIDDLETON	WI
2419	KIMBERLY SCHAUDER	F	35	STOUGHTON	WI	2489	WENDY SUNDBY	F		MADISON	WI
2420	JOANNE SCHEER	F	65	SAINT PETERS	MO	2490	ALBERT SWAIN	M	62	BLUE MOUNDS	WI
2421	DEBRA SCHIELDT	F	37	MADISON	WI	2491	ASTRID SWAIN	F	63	BLUE MOUNDS	WI
2422	KELLY SCHIELDT	F	37	STOUGHTON	WI	2492	LARRY SWALHEIM	M	54	STOUGHTON	WI
2423	BRENDA SCHILLINGER	F	37	SKOKIE	IL	2646	REBECCA SWARTZ	F	33	MADISON	WI
2424	SUZY SCHLEEPER	F	33	FITCHBURG	WI	2493	ELLEN SWEETMAN	F	42	OAK CREEK	WI
2425	DIANE SCHMEISSER	F	47	LAKE MILLS	WI	2494	LINDA SZCZEPKOWSKI	F	49	MADISON	WI
2426	REBECCA SCHMEISSER	F	21	LAKE MILLS	WI	2495	ELYSE TEBON	F	32	STOUGHTON	WI
2432	MARLA SCHMIDT	F		STOUGHTON	WI	2496	NICK TECHON	M		MADISON	WI
2431	KIRSTEN SCHMIDT	F	19	STOUGHTON	WI	2497	HEATHER THEEL	F	30	EVANSVILLE	WI
2429	DIANE SCHMIDT	F	60	MILW/WAUWATOSA	WI	2498	MICHAEL THOMAS	M	33	MADISON	WI
2430	KENNETH SCHMIDT	M	50	MILWAUKEE	WI	2650	LEE THOMAS	M	45	EDGERTON	WI
2427	AMELIA SCHMIDT	F	13	MADISON	WI	2651	PATRICIA THOMAS	F	40	EDGERTON	WI
2428	DEREK SCHMIDT	M	15	MADISON	WI	2611	PAUL THOMPSON	M	59	MADISON	WI
2679	KAY SCHMITZ	F	58	MT. HOPE	WI	2499	NANCY THOMPSON	F	49	MADISON	WI
2640	EILEEN SCHNABEL	F	35	OREGON	WI	2500	KITTY TOBIAS	F	37	STOUGHTON	WI
2433	CATHY SCHNEIDER	F	54	VERONA	WI	2501	REBECCA TOBIE	F	29	MADISON	WI
2434	HEIDI SCHOENK	F	32	WHITEWATER	WI	2502	SHANNON TOLLEFSRUD	F	33	JANESVILLE	WI
2435	SHEILA SCHROEDER	F	41	MADISON	WI	2503	HEIDI TOOMEY	F	41	MADISON	WI
2438	MYRON SCHULER	M	61	ORFORDVILLE	WI	2504	CONSTANCE TRANTOW	F	40	MADISON	WI
2436	LINDA SCHULER	F	35	WINNECONNE	WI	2583	SUSAN TREFETHREN	F	39	APPLETON	WI
2437	MARILYN SCHULER	F	59	ORFORDVILLE	WI	2647	JEAN TRETOW-SCHMITZ	F	46	MADISON	WI
2641	JEANNE SCHULTZ	F	59	STOUGHTON	WI	2612	TARA TRINKO	F	24	MIDDLETON	WI
2642	DEBORAH SCHUMACHER	F	39	JOHNSON CREEK	WI	2505	KATHRYN TRUDELL	F	47	MADISON	WI
2682	KAREN SCHWARTZ	F		LODI	WI	2678	KATHLEEN TRUE	F	48	BROOKFIELD	WI
2696	TERESA SCOLLON	F	41	EAGLE	WI	2507	KIMBERLY TURNER	F	38	WOODSTOCK	IL
2439	SHANNON SEARLE	F	13	DEERFIELD	WI	2508	KARI TYLER	F	22	STOUGHTON	WI
2440	JENNIFER SEELEY	F	32	PLAINFIELD	IL	2509	MARY TYRRELL	F	57	MILW/SHOREWOOD	WI
2442	MARY SEVERSON	F	37	STOUGHTON	WI	2594	PATRICE UDELHOFEN	F	45	VERONA	WI
2441	ALETA SEVERSON	F	46	MC FARLAND	WI	2510	CARRIE UFKES	F	28	JANESVILLE	WI
2443	NANCY SEYMOUR	F	42	STOUGHTON	WI	2511	JENNIFER UNITAN	F	26	STOUGHTON	WI
2581	JILL SHAFRANSKI	F	37	MADISON	WI	2584	JANE VAIL	F	54	MADISON	WI
2444	SARAH SHAPIRO HURLE	F	54	STOUGHTON	WI	2512	PAULA VAN ESS	F	38	BROOKLYN	WI
2445	DAWN SHAW	F	45	OREGON	WI	2585	DAVID VAN SCHOYCK	M	38	DEFORREST	WI
2608	RICHARD SHERIDAN	M	53	MADISON	WI	2513	PAMELA VESELY	F	46	MADISON	WI
2446	TERI SHORE	F	33	STOUGHTON	WI	2613	HEIDI VETTER	F	38	MIDDLETON	WI
2447	RENAE SIELING	F	33	OREGON	WI	2514	MATT VIKE	M	21	STOUGHTON	WI
2448	NADIA SIFRI	F	27	OREGON	WI	2515	JULIE VOLLA	F	44	CAMBRIDGE	WI
2449	DALE SIGNER	M	56	BROWNTOWN	WI	2516	JESSICA WACKETT	F	18	STOUGHTON	WI
2450	KAREN SIGNER	F	51	BROWNTOWN	WI	2518	MARCIA WAGNER	F	52	MADISON	WI
2451	JENNY SIMPLOT	F	32	OREGON	WI	2519	PAUL WAGNER	M	56	MADISON	WI
2694	ELLEN SJOLUND	F	41	MADISON	WI	2520	SHERRILL WAGNER	F	54	MADISON	WI
2452	ROSIE SKIBBA	F	55	COTTAGE GROVE	WI	2517	BRENDA WAGNER	F	36	VERONA	WV
2609	JULIE SKICKI	F	26	SUN PRAIRIE	IA	2521	LISA WALD	F	29	OREGON	WI
2453	SALLY SLETTEN	F	51	FERRYVILLE	WI	2522	JANET WALDBURGER	F	50	STOUGHTON	WI
2454	JULIA SLIGAR	F	53	ROCKFORD	IL	2523	BENITA WALKER	F	41	MADISON	WI
2455	JAN SLOAN	F	50	FALL CREEK	WI	2524	ELLIS WALLER	M		MADISON	WI
2457	NANCY SLOAN	F	49	MADISON	WI	2525	MELANIE WALLSCHLAEG	F	31	SIOUX FALLS	SD
2456	MIKE SLOAN	M	54	MADISON	WI	2526	DEBI WANKERL	F	30	MADISON	WI
2458	CHRISTINA SMITH	F	32	EDGERTON	WI	2527	DIANE WASHA	F	49	MADISON	WI
2459	JILL SMITH	F	25	ST. PAUL	MN	2528	SHIRLEY WEAMULLER	F	62	BLOOMINGTON	WI
2460	NANCY SMITHBACK	F	41	MADISON	WI	2529	REBECCA WELLS	F	38	MAUSTON	WI
2461	GINA SORENSON	F	41	EVANSVILLE	WI	2530	LINDA WENDT	F	50	JANESVILLE	WI
2582	AMY SPACH	F	31	BROOKLYN	WI	2531	ANNA WHALEN	F	70	DODGEVILLE	WI
2463	PHYLLIS SPANGLER	F	61	STOUGHTON	WI	2532	TAMMY WHITNEY	F	40	STOUGHTON	WI
2462	DICK SPANGLER	M	51	STOUGHTON	WI	2533	LYNN WIESER	F		STOUGHTON	WI
2464	JUDITH SPECHT	F	55	MARKESAN	WI	2534	RANDA WILBERG	F	34	STOUGHTON	WI
2657	GERALD SPECHT	M	55	MARKESAN	WI	2652	SHELLEY WILKER	F	44	MADISON	WI
2465	JOYCE SPLAN	F	49	BELOIT	WI	2537	KAREN WILLIAMS	F	40	VERONA	WI
2466	SHERRI JO ST. JOHN	F	48	SKOKIE	IL	2536	GUY WILLIAMS	M	49	VERONA	WI
2467	MEGAN STATZ	F	26	DANE	WI	2535	DONALD WILLIAMS	M	67	CALEDONIA	IL
2468	NICOLE STATZ	F	25	LODI	WI	2586	MARIA WILLIAMS	F	39	MILW/WEST ALLIS	WI
2469	PAUL STATZ	M	49	MADISON	WI	2539	PAM WILSON	F	45	STOUGHTON	WI
2470	JOYCE STEGER	F	51	MADISON	WI	2538	JERRY WILSON	M	48	STOUGHTON	WI
2610	SUSAN STEINER	F	61	JUNEAU	WI	2540	ELEANOR WINGER	F	57	MADISON	WI
2472	MARY LEE STEINMULLER	F	55	COTTAGE GROVE	WI	2541	TAMMY WISE	F	39	STOUGHTON	WI
2643	ANGELA STENJEM	F	27	STOUGHTON	WI	2542	MELANIE WITTE	F	41	MADISON	WI
2473	JENNIFER STEVENS	F	35	MADISON	WI	2543	BARBARA WOODHOUSE	F	43	MIDDLETON	WI
2475	MARY STEWART	F	59	EAU CLAIRE	WI	2544	BARBARA WOODS	F	42	STOUGHTON	WI
2474	LINDA STEWART	F	51	SUN PRAIRIE	WI	2545	BETH WOODS	F	22	STOUGHTON	WI
2654	JOELLYN STEWART	F	18	STOUGHTON	WI	2546	JO WOOLEVER	F	61	EVANSVILLE	WI
2644	MICHELLE STORAGE	F	12	STOUGHTON	WI	2547	RICHARD WOULFE	M	57	EVANSVILLE	WI
2476	BELINDA STORMS	F	41	DEERFIELD	WI	2614	TRACY WURTZLER	F	42	STOUGHTON	WI
2477	BRITTANY STORMS	F	14	DEERFIELD	WI	2548	CARRIE XANDER	F	32	BROOKLYN	WI
2478	HEATHER STRAND	F	25	SUN PRAIRIE	WI	2550	KAREN YAEGER	F	59	MADISON	WI
2479	DIANE STRANDLIE	F	22	STOUGHTON	WI	2549	KARA YAEGER	F	35	MC FARLAND	WI
2480	DIANE STROHMENGER	F	45	OREGON	WI	2552	LENA YARGER	F	29	ROCKFORD	IL
2481	RENE STRONG	F	53	STOUGHTON	WI	2551	JOYCE YARGER	F	59	BELVIDERE	IL
2645	MARY STROUD	F	55	MADISON	WI	2553	RAMONA YEE	M	35	MADISON	WI
2482	MAGGIE STRYCHARSKE	F	47	OREGON	WI	2554	JOHN YOGERST	M	46	MC FARLAND	WI
2483	YOLANDA STUETTGEN	F		STOUGHTON	WI	2555	SUSAN YOUNGS	F	42	MADISON	WI
2484	CINDI STURM	F		STOUGHTON	WI	2556	TAMI ZEPNICK	F	38	INDIAN HEAD PARK	IL
2485	GEORGE STURM	M		STOUGHTON	WI	2557	BRIDGIT ZIELKE	F	33	STOUGHTON	WI
2487	PAULA SULLIVAN	F	50	MADISON	WI	2558	MARY ZIMMERMAN	F	54	EVANSVILLE	WI
2486	MATHILDE SULLIVAN	M	17	PRAIRE DU SAC	WI	2559	MARY ZIMMERMAN	F	37	STOUGHTON	WI



2003 Walk Participants

NO.	NAME	SEX	AGE	CITY	STATE
2560	PATRICIA ZMUDA	F	58	WAUSAU	WI
2561	LEN ZUBRENSILY	M	81	MILW/ShOREWOOD	WI
2562	DEAN ZWEIFEL	M	64	WHITEWATER	WI



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Medical Self-Care for Beginning Runners

Training and Preparation: You should be able to run at least 10 miles at 10-12 minutes per mile pace to finish this race. If you eat before the race, eat a light breakfast at least 3 hours before starting time. Drink about 8 oz. of fluid one hour before. Start warming up (stretching and jogging) about 30 minutes before the run.

Temperature is a critical factor. Significant heat injury may occur at all temperatures, but particularly above 60° F, wear only light athletic clothing (shorts, t-shirt or tank top). As the temperature increases above 60° F, your pace should be reduced. For example, at 80° F, beginning runners should run at least 1 minute per mile slower.

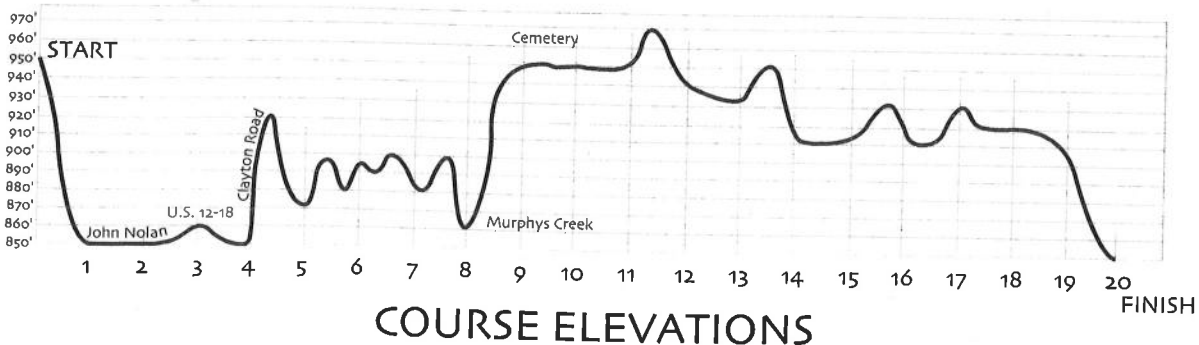
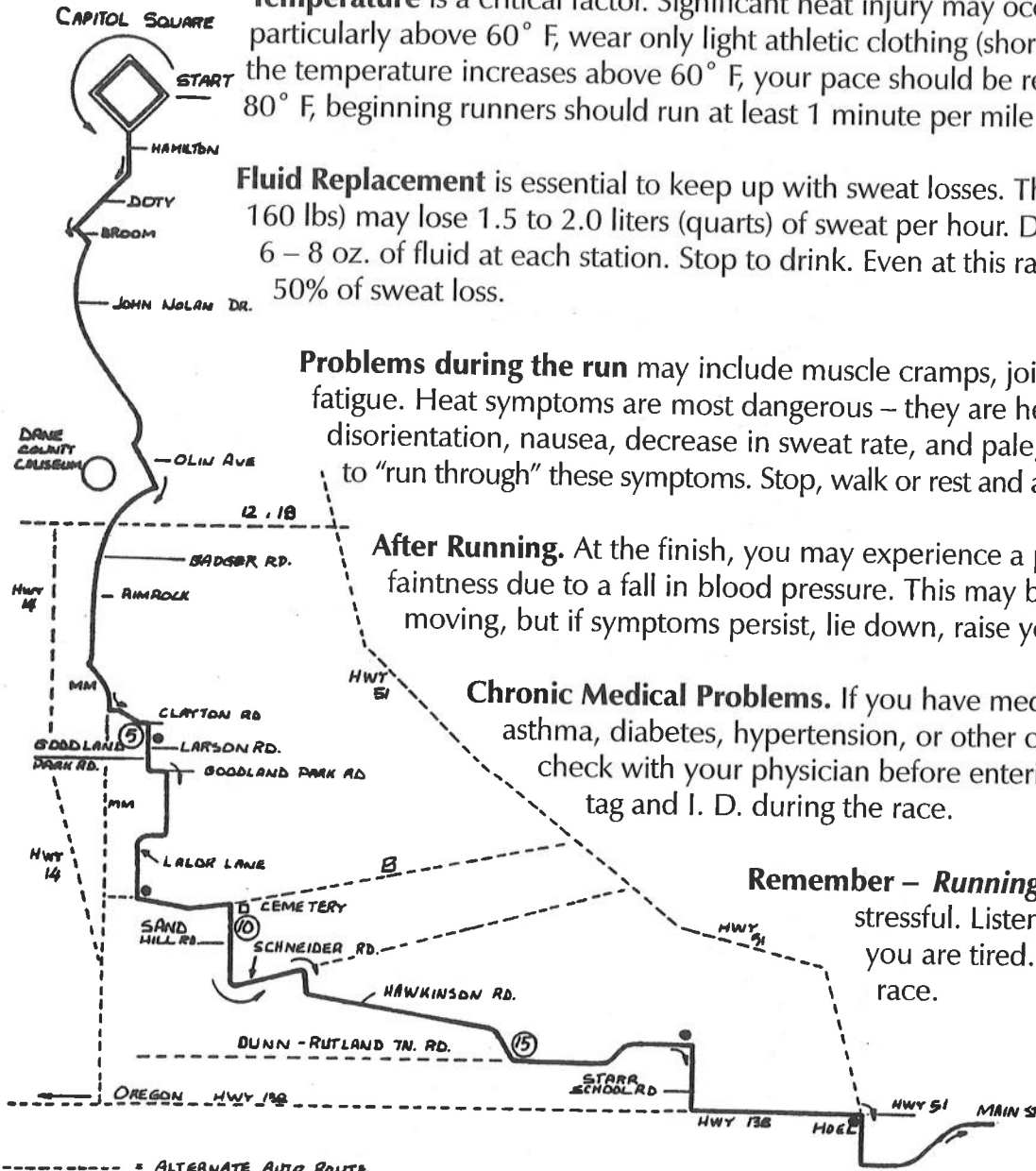
Fluid Replacement is essential to keep up with sweat losses. The average size male (140 – 160 lbs) may lose 1.5 to 2.0 liters (quarts) of sweat per hour. Drink 6 – 8 oz. of fluid at each station. Stop to drink. Even at this rate you may only replace 50% of sweat loss.

Problems during the run may include muscle cramps, joint pains, blisters and fatigue. Heat symptoms are most dangerous – they are headache, dizziness, disorientation, nausea, decrease in sweat rate, and pale, cold skin. Do not attempt to “run through” these symptoms. Stop, walk or rest and ask for help.

After Running. At the finish, you may experience a period of dizziness or faintness due to a fall in blood pressure. This may be prevented if you keep moving, but if symptoms persist, lie down, raise your legs and call for help.

Chronic Medical Problems. If you have medical problems such as asthma, diabetes, hypertension, or other cardiovascular problems, check with your physician before entering. Wear a “Medic Alert” tag and I. D. during the race.

Remember – Running is Fun. But it can also be stressful. Listen to your body. Walk when you are tired. There is always another race.



WHERE IS STOUGHTON, ANYWAY?

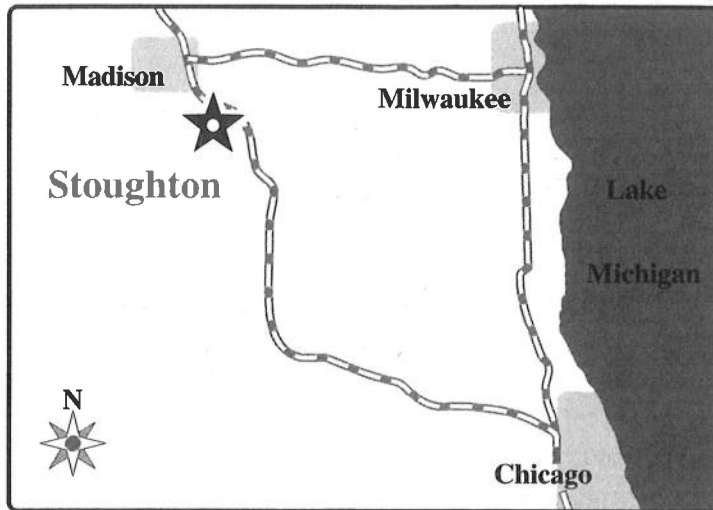
Stoughton is located in southeastern Dane County, Wisconsin, 20 miles southeast of Madison, on U.S. Hwy 51.

Directions from Chicago and northern Illinois:

Follow I-90 west through Rockford, Beloit, and Janesville, WI. Continue on I-90 to the Stoughton exit, Exit # 156, onto U.S. Hwy. 51. Follow U.S. 51 for 6 miles into Stoughton.

Directions from Milwaukee:

Follow I-94 west to the Sun Prairie / Cottage Grove exit, Exit # 244. Follow County Hwy. N to and through Cottage Grove, and continue on Hwy. N approximately 11 more miles to U.S. Hwy. 51 at the eastern edge of Stoughton. Turn right onto Hwy. 51.



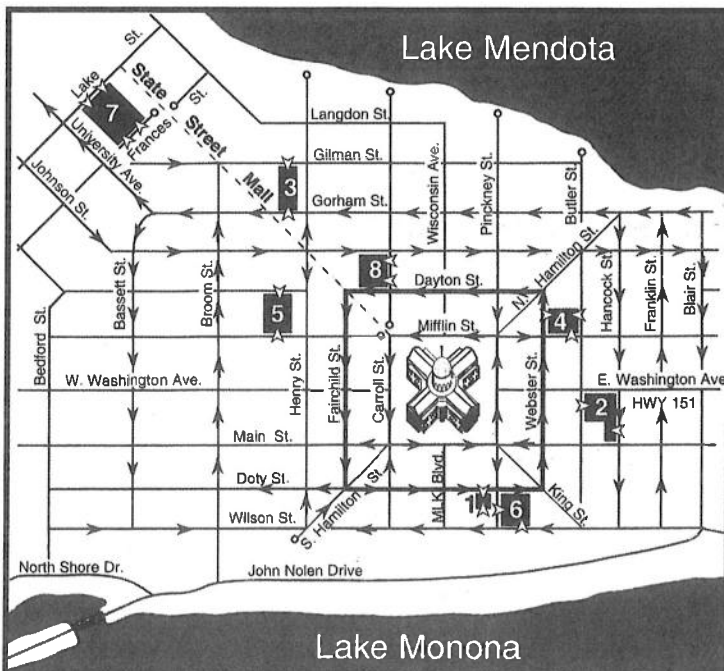
Directions from Madison—three possible routes:

1. Take I-90 east (south) toward Chicago, and take the Stoughton exit, Exit #147. Turn right onto County Hwy. N and follow it 6 miles to U.S. Hwy. 51 at the eastern edge of Stoughton. Turn right onto Hwy. 51.
—OR—
2. Take U.S. Hwy. 51 (Stoughton Road) south through McFarland approximately 13 miles into Stoughton.
—OR—
3. Take U.S. Hwy 14 (Park St.) south to Oregon, to the Stoughton exit, and then turn left onto Hwy. 138. Follow 138 for 6 miles to U.S. Hwy. 51 at the western edge of Stoughton. Turn right onto U.S. 51.

Lodging Accommodations

- **Chose Family Inn** 608/873-0330
- **Coachman's Golf Resort** 608/884-8484
- **Comfort Inn** 608/877-9000 or 888/386-8814
- **Naeset-Roe Bed & Breakfast** 608/877-4155

Downtown Map and Parking



PARKING LOTS (Metered):

1. Block 88
2. Brayton Lot
3. Buckeye Lot

PARKING RAMPS (Cashiered):

4. Capitol Square North Ramp
5. Civic Center Ramp
6. Government East Ramp
7. State Street Campus Ramp
8. State Street Capitol Ramp

Contact Information

Race Info: 608/438-7912, 608/873-7912 or 888/873-7912 (9 a.m. to 5 p.m. Mon–Fri.)

Fax: 608/873-0104

e-mail: syttendemai17@yahoo.com

Web site: www.stoughtonwi.com/mairun.htm

Register on-line: www.active.com

Other events throughout the weekend of May 14, 15 & 16:

Friday: Opening Ceremonies, Canoe Race, Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Various Demonstrations at downtown businesses, Village Players Production and Street Dance.

Saturday: Lil' Run, Arts & Crafts Fair, Viking Encampment, Norwegian Bunad Style Show, Youth Parade, Norwegian Dancers Performances, Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Village Players Production, Music Performances by various groups and Norske Stomp.

Sunday: Open Houses, Rosemaling Exhibit, Hardanger and Quilt Show, Arts & Crafts Fair, Viking Encampment, Norwegian Parade, Norwegian Dancers Performance.

For a full schedule of events with times and locations please go to our website www.stoughtonwi.com or contact the Stoughton Chamber of Commerce office at 608/873-7912 or 1-888/873-7912.

32nd Annual Syttende Mai RUN and 18th Annual Syttende Mai WALK

The Syttende Mai run is a 20-mile race from Madison to Stoughton, and the walk is a noncompetitive 17-mile walk. The same route is used by both runners and walkers, and is on rolling blacktopped roads. The walk follows in the tradition of Europe's popular "volks marches." (See map on previous page.)

GENERAL INFORMATION FOR BOTH RUNNERS & WALKERS

REGISTRATION: Mail entries to **Syttende Mai Run, 532 E. Main St., Stoughton, WI 53589** or register on-line at www.active.com. No telephone or fax registrations.

ENTRY FEE: \$25.00 for entries received by May 1; \$30.00 for entries received May 2-May 13; \$40.00 for entries received May 14 or day of race. All entries must be turned in by noon on Friday, May 14 or you must register at the starting line. Make checks payable to Syttende Mai Run. Payment must accompany entry form. **NO REFUNDS.**

ENTRY CONFIRMATION: We would like to email people their confirmation instead of sending postcards, so please include your email address on your entry form. If we do not have an email address for you, you will receive a postcard. Your notification with additional run/walk information will be mailed around May 5, 2004. Receiving the email or postcard indicates that you are registered. If you are entered in the wrong event email us at syttendemai17@yahoo.com or call us at 608-438-7912.

FACILITIES: Showers and dressing rooms are located at the finish line in Mandt Community Center. Bring your own towel. Duffel bags, sweats, jackets, etc. will be transported from the starting area to the finish area. The bus will be on S. Hamilton for the run, bring your own bag. For the walk ask the people at registration where to put your bag.

TRANSPORTATION: Buses will be available for runners and walkers from Mandt Park in Stoughton to Madison starting at 5:45 a.m. The last bus will leave Stoughton at 7:15 a.m. Return buses from Mandt Park in Stoughton to Madison will depart beginning at 11:00 a.m., with the last bus at 1:00 p.m. Cost is \$2.00 per person per trip; please pay when boarding bus.

AID STATIONS & TOILETS: Water provided at miles 3, 5, 8, 10, 12, 15, 17, 18, and finish. Gatorade provided at alternate stations. Fruit and refreshments will be available at the finish line until 1 p.m. (*Paid participants only please!*) Portable toilets will be available along the course.

REMINDER: Mile markers start at the run, so walkers need to subtract 3 miles to know where you are.

RESTRICTIONS: Absolutely no support vehicles, animals, bicycles, baby joggers, skateboards, roller skates, in-line skates, roller skis or other wheeled vehicles will be permitted on the race course (Except course marshals.) Runners receiving aid from any of the aforementioned will be subject to disqualification. You must walk/run 2 abreast, and stay on the left side of the road. Syttende Mai officials reserve the right to disqualify any participant for inappropriate actions or behavior — including littering. *Please note: The last few years we have not had any problems in the Town of Dunn, we want to keep it that way, so we will be strictly enforcing the 2 abreast rule and staying on the left side of the road rules. Please help us be good neighbors and be courteous.*

FINISH AND AWARDS: The finish is at Mandt Park on S. Fourth St., Stoughton. Be sure to enter the proper gate. **T-shirts will be awarded only to those who finish by 1 p.m.** Wearing your T-Shirt will gain you admission to most Syttende Mai events on Saturday and Sunday. Results, including official times for run, will be published in a souvenir booklet and mailed in January, 2005, to all registered participants.

RUN INFORMATION

DAY OF REGISTRATION: 6:30 - 7:30 a.m. In front of **Inn on the Park**, on S. Carroll St., Madison.

PACKET PICK-UP: You must pick up your race number and chip the morning of the race. They will be available starting at 6:30 a.m. in front of Inn on the Park, S. Carroll St., Madison. Allow sufficient time to pick up your packet.

START: **Madison's Capitol Square at 8:00 a.m. near S. Hamilton St.**, water will be available at the start. Please use the port-potties located East of Walgreens near King Street.

RACE TIMING: Sports Management Associates, Inc. using the ChampionChip will time the run. You must wear the chip in order to be timed - no exceptions. You must also wear the provided race number on the front of your body to identify you as an official participant. Your chip will be given to you with your number and must be returned after the race. Failure to return the chip will result in the assessment of a \$30.00 fee. Splits read at miles 1, 2, 3, 4, 5, 10, 15, and Finish. No times after 12:00 Noon.

AWARDS: **Awards ceremony at 11 a.m. at Mandt Park in Stoughton.** Hand painted Rosemaled plates given to top 3 in each age division.

RESULTS: Results will be posted at the finish line. Complete results will also be available on our website by Tuesday after the race. A postcard with your finish information will be mailed to you.

WALK INFORMATION

DAY OF RACE: 5:45 - 6:45 a.m. **Badger Bowl** Parking Lot, 506 E. Badger Road, Madison.

PACKET PICK-UP: Numbers may be picked up starting on May 10, Monday - Thursday from 9 a.m. - 5 p.m. Friday, May 14 until Noon or Wednesday evening from 6-7 p.m. at the Stoughton Chamber of Commerce office or picked up the morning of the walk starting at 5:45 a.m. on May 15th. You must wear the provided race number on the front of your body to identify you as an official participant. (It is ok to pickup friends numbers with their consent.)

START: **Walkers may start walking between 6:00 a.m. - 7:00 a.m. from Badger Bowl, 506 E. Badger Road, Madison.** (Parking is available behind Badger Bowl.) **Please Note: The course will be manned at 7:00 a.m., there will be no aid stations or police controlled intersections before 7:00 a.m. This is not a timed walk, no prizes are awarded.**

2004 Syttende Mai Run & Walk Official Entry Form May 15, 2004

Run & Walk Entry Fees
 by May 1: \$25
 May 2-May 13: \$30
 May 14 or day of: \$40

**REGISTER EARLY
to avoid the price
increase!**

Make Checks payable to:
 Syttende Mai Run
 532 E. Main Street
 Stoughton, WI 53589
 or register online at
www.active.com

Please print clearly and legibly!
 (Address labels work well)

NO REFUNDS!

1. Please sign me up for the: Run or Walk

2. _____
 Last Name First Name MI

3. _____
 Address

4. _____
 City State Zip

5. _____
 Sex

6. _____
 Age as of 5/15/04 (must have for the run)

7. (____) _____
 Phone Number

8. _____
 Champion Chip # (If you have your own chip, must start w/ a letter)

9. e-mail address (needed for confirmation) _____

10. Amount Paid \$ _____

11. To help us plan, please indicate if you will need a bus ride (\$2.00 upon boarding the bus.)

_____ Stoughton to Madison before event starting at 5:45 a.m.

_____ Stoughton to Madison after event starting at 12:00 p.m.

12. Number of years previously participated: Run _____ Walk _____

13. **Important! Please Read!

Release of Claims

In consideration of the acceptance of my entry in the Syttende Mai Run or Walk held on May 15, 2004, I release the Stoughton Chamber of Commerce, Syttende Mai Committee, it's members and officers, the City of Stoughton, Dane County, City of Madison, Town of Dunn, Town of Madison, the various event sponsoring organizations, and other individuals or entities who are in any way connected to the event, including any volunteers assisting with the event from any liability or claims for injury or illness that I might sustain during my participation in these events or that is in any other way related to these events.

I understand that this release applies to myself and my personal representatives, heirs and assigns. I know that running or walking is a potentially hazardous activity, but represent that I am trained adequately and am medically able. I assume all risks associated with running or walking, including but not limited to falls, contact with other participants, effects of weather including high heat and/or humidity, traffic and the conditions of the roads. Further, I grant full permission without compensation to the Syttende Mai Committee to use any photographs, videotapes, motion pictures, recordings or any other reproduction of my participation in any event.

Signature: _____ Date: _____
Signature of Parent or Guardian if under 18: